

# Impact of Your Mindset on the Career Transition

*Confidence changes everything when making a career transition*

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Your mindset influences almost every piece of the career transition.

Scared, nervous, upset, overwhelmed, needy...they all impact the way you interact with potential employers.

**Flip it around to a confidence** and everything changes.

Have you heard how people receive multiple offers at the same time?

That happens because their whole outlook changes when they receive the first offer. They understand they have value and a job lined up and start interacting with more confidence.

**So how do you do this?**

This is going to sound familiar: Make a plan and train for it.

Seriously – create a career transition plan with key timelines (resume, [LinkedIn](#) profile, informational interviews, job fairs, etc) and follow it. Stop saying “I’ve got to fix....” Then train or practice constantly!

I recommend you do at least 2 informational interviews per week in the 6 months before your separation. The more you speak with professionals outside of the military, the more “dialed-in” and comfortable you become.

**Non-Profit Organizations For Veterans:**

[American Corporate Partners \(ACP\)](#) provides you a mentor from a Fortune 500 company for a year

[ACP AdvisorNet](#) lets you direct-message thousands of mentors

[Onward to Opportunity](#) provides you training, pays for industry certifications and gives you access to [Hire Heroes USA](#) transition experts.