



CAREER ASSESSMENT QUESTIONNAIRE

INSTRUCTIONS: Review the objectives below and place an [X] in front of each objective that applies to you. List your top three objectives in the open fields at the bottom of the page.

I would like a corporate Mentor to help me:

- ☐ Improve my résumé and my interview skills
- ☐ Understand the language and culture of Corporate America
- ☐ Translate my military background to the corporate world
- ☐ Build a network of professionals
- ☐ Identify which career fields best suit my skills, interests and experience
- ☐ Refine my civilian career goals and professional ambitions
- ☐ Learn about career opportunities in one specific industry
- ☐ Obtain a job
- ☐ Obtain an internship
- ☐ Understand how to advance at my current job
- ☐ Enhance relationships with my managers, peers, direct reports and/or fellow students
- ☐ Determine how to navigate a performance review
- ☐ Cultivate my public speaking, communication and presentation skills
- ☐ Develop my leadership or management skills
- ☐ Discuss work/life balance
- ☐ Determine if I should go back to school or pursue higher education
- ☐ Learn about certifications that will increase my marketability
- ☐ Make sure I am on the right path toward my desired career after I obtain my degree
- ☐ Create a long-term career plan
- ☐ Learn how to start or expand my own business

What are your top three objectives from the list above?

1:

2:

3:

Use this completed questionnaire to develop an action plan with your Mentor. You can download our [Action Plan Template](#) on our website and explore the [Protégé Resources](#) page.